

COLD STARTERS

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|--------------|---|---------|
| | Iberian ham 5J Sánchez Romero Carvajal | 25,00 € |
| | 1/2 Iberian ham 5J Sánchez Romero Carvajal | 16,00 € |
| | León cured meat Carpaccio (I.G.P. Cecina de León) | 16,00 € |
| 1,7 | D.O. Arzúa cheese with salted Cantabrian anchovies | 14,50 € |
| 1,3,4,6,8,12 | Our salad Contrastes A Taberna | 13,80 € |
| 4,12 | Roasted peppers and tuna belly | 13,00 € |
| 4,8,12 | Cod, pomegranate, orange and nut carpaccio salad | 15,00 € |
| 3,6,7,10,12 | Lamb's lettuce salad with jerky (I.G.P. Cecina de León) | 14,50 € |

HOT STARTERS

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|--------------|--|---------|
| | Galician broth | 7,00 € |
| 2,3,7,12,14 | Grilled Galician scallop and prawn tails on mashed potatoes, sea urchin caviar with Modena vinaigrette | 9,80 € |
| 2 | Grilled or cooked fresh prawns from Huelva (price per kg.) | 90 € |
| 1,3,6,7,9,12 | Grilled duck foie gras, green applesauce and Pedro Ximénez reduction | 19,50 € |
| 14 | Grilled razor clams from our estuaries | 15,80 € |
| 1,2,3,7 | Spider crab croquettes (8 units) | 11,00 € |
| 2,4,7,14 | Turnip Greens (I.G.P. Grelos de Galicia, Galicia Calidade) with seafood from the Atlantic | 13,00 € |
| 12,14 | European squid with garlic | 11,00 € |

FISH & SEAFOOD

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|---------------|---|---------|
| 2,4,12 | Lobster with rice (minimum for 2 people, price per person) | 32,00 € |
| 1,2,4,14 | Grilled fish and seafood (minimum for 2 people, price per person) | 26,00 € |
| 2,4 | Galician-style or grilled monkfish | 20,00 € |
| 1,2,4,7,12 | Monkfish with prawns my way | 23,00 € |
| 1,2,7,9,10,12 | Curried prawns | 18,80 € |
| 4 | Grilled cod fillet | 20,00 € |
| 4,12 | Cod and turnip tops stew | 21,00 € |
| 2,4,12,14 | "A banda " rice (minimum for 2 people, price per person) | 20,00 € |
| | Sea bass in salt | |

See other wild fish of the day,
in the daily suggestions

On request:

- Beef steak tartare
- Homemade chicken with lobster
- Baked cod with puree

ALLERGENS

| | | | | | | |
|-----------------------|--------|-----------|---------|------------|-------------|-------------|
| 1 Cereals with gluten | 3 Eggs | 5 Peanuts | 7 Dairy | 9 Celery | 11 Sesame | 13 Lupine |
| 2 Crustaceans | 4 Fish | 6 Soy | 8 Nuts | 10 Mustard | 12 Sulfites | 14 Mollusks |

MEATS

| | | |
|--------------|--|---------|
| | Galician beef tenderloin (I.G.P. Ternera Gallega) | |
| | Grilled | 23,00 € |
| 1,3,6,7,9,12 | Galician blue cheese or Colmenillas | 24,50 € |
| 1,3,6,7,9,12 | Duck foie gras and sherry | 25,50 € |
| | Galician Beef Entrecôte (I.G.P. Ternera Gallega) | |
| | Grilled | 19,80 € |
| 1,3,6,7,9,12 | Galician blue cheese or Colmenillas | 21,00 € |
| 1,3,6,7,9,12 | Duck foie gras and sherry | 23,00 € |
| 1,3,6,7,9,12 | Duck breast stuffed with foie gras with Pedro Ximénez reduction | 17,80 € |
| 1,7,9,10 | Galician beef (I.G.P. Ternera Gallega) al curry | 16,00 € |
| | Grilled Iberian shoulder | 17,00 € |
| 1,3,6,7,9,12 | Selecta pork tenderloin with chestnuts and shavings of foie gras | 18,80 € |
| | Wagyu beef tenderloin | 36,00 € |

DESSERTS

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|------------|---|--------|
| 3,7 | Baked Arzúa cheesecake | 5,00 € |
| 12 | Papanduxas sorbet (roasted apple, cinnamon and herbal brandy) | 6,50 € |
| 1,3,7,12 | Tiramisu | 5,50 € |
| 1,3,7,8 | Chocolate filloas cake on vanilla ice cream | 5,80 € |
| 8 | Chestnuts in syrup and orange juice | 5,00 € |
| 1,3,7,8 | Burnt French toast, crème anglaise and cream ice cream | 6,50 € |
| 1,3,7,8,12 | Chocolate coulant with cream ice cream | 6,80 € |
| 3,7,8,12 | Roasted apple stuffed with nougat mousse and pomace jelly | 6,80 € |
| 7 | Kalekoi yogurt, fig jam and wild fruits | 5,00 € |
| 1,7 | Strawberry gazpacho and cream ice cream | 5,50 € |
| 1,3,7,8,12 | Chocolate cake with cookies | 5,00 € |
| 1,7,12 | Chef's ice cream (cream ice cream, yogurt ice cream, ice cream with berries and orange reduction) | 6,80 € |
| 1,3,7,8 | Millefeuille with cream cheese from Arzúa and strawberries | 6,50 € |

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4 Fish

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